

HDBS 2.1 Examine pregnancy and child birth to determine healthy growth and delivery of a baby.

Activity- Post delivery timeline for mother and baby.

Students will each draw out slips of paper with terms that relate to post-partum care of baby or mother. The first part of the activity is for the students as a group to sort the terms into two categories. One group will pertain to mother and one to baby. The class will then be divided into two groups. One will work with the slips of paper related to baby, and one with mother. The teacher will put two timelines on the board or wall (one on top of the other, so the two will coincide), with the left side being delivery. Students will place the slips of paper on the timeline in the order they think they happen. The teacher will lead a discussion of what the students have done, and make any corrections that should be made. (Note: there may be some terms that do not necessarily happen at a specific time.)

The terms to be used are as follows: (note-they are in order as listed)

Baby

Drying baby

Suction airways

First cry

Umbilical Cord is clamped

Vitamin K shot

APGAR score

Eye drops

Newborn screening tests

Wash/clean baby's skin

Weigh, measure

ID system

Bonding with parents

Birth certificate is completed

Circumcision

Mother

Delivery and examination of afterbirth

Episiotomy- if necessary

Breastfeed the baby-or shot to stop production of milk

Vaginal discharge

Uterus begins contraction

Urination and bowel movements return to normal

Sitz bath

Training- First aid for newborns

Postpartum emotions

ID system

Follow-up checkups

Immunizations

Follow-up checkups